

National Health Insurance

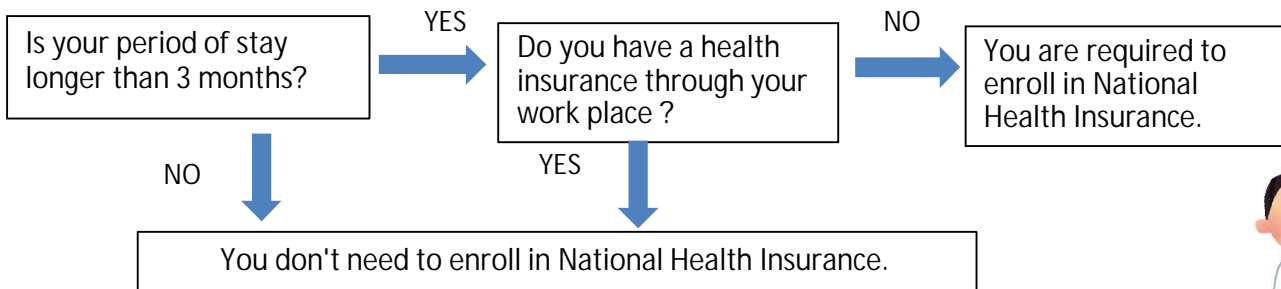
(英語版)



All residents of Japan are **required by law** to enroll in health insurance in order to receive medical treatment any time without fear about high costs. The law is also applied to foreign nationals with a period of stay longer than 3 months.

You need to enroll in National Health Insurance even if you have overseas medical insurance, travel insurance or student insurance.

Verification flow It shows whether this rule applies to you.



The rule excludes

- the person who has Medical Care Insurance for people with more than 75 years old.
- the person who receives Public Assistance.
- the person who entered Japan with the visa for Medical Stay and his or her accompanying person.

Procedures for enrolling and withdrawing

You should enroll in National Health Insurance when you move to Ueda City and get a resident registration, or when you quit your job and lose the company health insurance.

Be sure to bring : your seal, your residence card, a change of address certificate (when you moved to Ueda from another city), a social health insurance disqualification certificate that your previous company issues when you quit and both the head of your family and your individual number cards or notification cards.

You should withdraw National Health Insurance when you move to another city, or when you enroll in a health insurance through your work place.

Be sure to bring : your seal, your residence card, your company health insurance card that your company issues when you get employed, your National Health Insurance card issued by Ueda City, both the head of your family and your individual number cards or notification cards.

The Coverage start date is the day when you get a resident registration of Ueda City (It was denominated as alien registration until July 8th 2012) or the day when you quit your company.

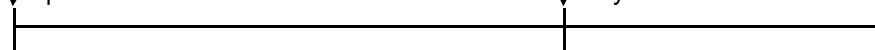
(Example)

You moved to Ueda and got a residence registration or you lost the company health insurance.

You apply for National Health Insurance at the counter of the municipal administrative offices.

↓ April 1

↓ May 10



← The coverage start date is April 1

Application day doesn't mean coverage start day.

National Health Insurance card will be issued individually. When you go to see the doctor and receive medical treatment, be sure to bring and show your card.

National Health Insurance Tax

In this case, tax means fee or premium.

You have to pay your insurance tax when you join the National Health Insurance.

National Health Insurance Tax is imposed from the month of your coverage start date. It is calculated for each fiscal year (from April to next March) and on a household unit.

The insurance tax is calculated for each person of the family and the head of the family pay the total amount of the taxes.

A National Health Insurance tax letter is sent to the head of your family every July.

Please pay the tax in 9 installments, from July to next March.

If you report something and the amount of taxes changes, it will be sent a notification through the mail to the head of your family on the following month.

Please pay the insurance taxes at a bank or a convenience store with payment slips sent to you through the mail, or apply for the automatic transfer from your bank account.

There is a reduction system according to your income. But if your income is not reported to the municipal office, the reduction is not applied to you. So please report your gross income of the year to the municipality where you lived on January 1st of the year.

Please pay the tax on time

If you don't pay taxes

It will be sent a demand letter and charge you for a commission or late fees.

If 10 days pass after sending the letter

If you don't pay the taxes within 10 days after the demand letter is sent, they will take proceedings like a seizure of your property.

But still you don't pay taxes

If you don't finish your payments of the previous year by the renewal date for your insurance, the period of its validity will be shortened or you should visit the municipal office for procedures.

If one year passes after the due date for payment

You must return your insurance card and get a qualification certificate issued instead of the card. When you go to see the doctor, you need to pay the whole medical cost. (After some procedures its refund may be possible.)

Points to keep in mind about National Health Insurance

When you enroll in or withdraw from National Health Insurance, you need to visit the municipal office and fill the application form at the related section counter.

If you withdraw from the National Health Insurance issued by Ueda City (when you get your company's health insurance or you move to another city), your National Health Insurance card issued by the City of Ueda becomes invalid and you need to return your card soon.

When you move overseas, please be sure to fill in the Ueda City cancel of address form and settle your payments of taxes. If you don't report you're leaving Japan and maintain your residence address registered in Ueda City, the insurance taxes will continue to be charged. So be very careful.



For more information, please contact:

National Health Insurance and Pension Division National Health Insurance Section
tel. 0268-22-4100 extension 1482·1485·1487·1488